



# Making the most of your time at University



**Your time at University will help you to meet new people, build your confidence and develop employability skills.**

As a student at Manchester Metropolitan University, you have access to a huge range of events, opportunities and services.

Being actively involved in university life will help you to meet new people, build your confidence and develop employability skills such as planning, teamwork and communication.

This guide has been created to help you to learn more about the opportunities that are available to you and how you can make the most of your time at University.

# Get active, get involved and try something new!

## Student clubs and societies

There are many student-led societies covering a huge range of interests, hobbies and courses at Manchester Met. Joining a society is a fantastic opportunity to meet new people and get involved in new activities. You could even set up your own society . For more information visit: [www.theunionmmu.org/your-opportunities/socs/](http://www.theunionmmu.org/your-opportunities/socs/)



## Events



The Careers & Employability Service organises a range of careers workshops, employer presentations, pop-ups, networking events and careers fairs to help enhance your career prospects and boost your skills to prepare you for life after graduation. To find out more and book your place on any of our events visit [www.mmu.ac.uk/careers/events](http://www.mmu.ac.uk/careers/events).

The Union also arranges a programme of events each year for Manchester Met Students, for more information visit [www.theunionmmu.org/events](http://www.theunionmmu.org/events)

## MMU Sport

Manchester Met's Sport's programme of activities provides something for everyone. The Union also has over 60 student-led sports clubs for you to try out and join: [www.theunionmmu.org/your-opportunities/sport/](http://www.theunionmmu.org/your-opportunities/sport/)



# Gain Experience

## Jobs on campus

Jobs4Students offers Manchester Met students paid, temporary on-campus job opportunities throughout the university and offers a diverse range of roles including; Student Ambassadors, Peer Tutors, IT Rovers, Residential Advisers and much more!

For more information on our on-campus roles visit [www.mmu.ac.uk/jobs4students](http://www.mmu.ac.uk/jobs4students)



## Jobs outside the University

The Careers and Employability Service advertises hundreds of vacancies for employers who are looking to employ Manchester Met students! From part-time opportunities, vacation work, graduate roles and internships, you can search and apply for opportunities online by visiting: [www.mmu.ac.uk/findajob](http://www.mmu.ac.uk/findajob)

## Volunteering

Volunteering can benefit you as much as the cause you choose to help. It enables you to develop skills and talents that complement your degree, enhance your employability, improve your self-confidence and support the local community.

Manchester Met's Student's Union run the online volunteering hub, where you can search for volunteering opportunities online [www.theunionmmu.org/your-opportunities/volunteering](http://www.theunionmmu.org/your-opportunities/volunteering).

### Manchester Met Sport Volunteering Programme

From coaching in schools and the local community, assisting at major sporting events, sports marketing, live photography and videography and sports journalism, the Manchester Met Sport Volunteering Programme offers a fantastic range of opportunities for you:

[mmusv.com](http://mmusv.com)



# Research your skills & career options

Developing a knowledge of your skills, personal qualities and motivations will help you to make important decisions and set achievable goals for your future. Whether you're starting your first year of study or you're about to graduate, researching your career options is the first step towards finding your graduate role.



Career research is not just about exploring the options that are available to you, but it is also about assessing your skills and values. While many graduate roles and schemes are open to graduates from any degree subject, some may require specialist qualifications and experience. Researching your career options early will help you to make the most of your time at University, identify the key skills and qualifications that employers look for, and successfully plan your next steps after graduation. Visit our website for detailed information and resources that can help you to start exploring your options: [www.mmu.ac.uk/careers](http://www.mmu.ac.uk/careers)

## Use the Careers & Employability Service



The Careers & Employability Service is dedicated to supporting you throughout your studies and after you graduate. There are many ways to access the services and support available to you. If you would like advice on the information, events and services that are best tailored to your needs, please call us on 0161 247 3483 or visit the Employability Hub in the Business School

### Ask a Careers Question Online

Get online advice from Careers and Employability through My Career Hub. Whether you have initial questions about our services and upcoming events, or want to ask about your career options and finding job opportunities, this service allows you to access online support: [www.mmu.ac.uk/careersquestion](http://www.mmu.ac.uk/careersquestion)

### Jobs Hub Drop-In

Looking for work? Need help with your CV? Come along to the Jobs Hub drop-in and get advice on finding opportunities and making applications!

Available Monday - Friday, 1pm to 4pm, Employability Hub, Business School building, Manchester.

### Careers Consultant Appointments

Get expert advice from our professionally trained Careers and Employability Consultants. Appointments are 30 minutes long and can provide advice on a wide range of subjects including; career options, looking for work, applications, interviews and assessment centres, postgraduate study, working and studying abroad. To book an appointment call 0161 247 3483 or visit the Employability Hub.