



11 – 17 February 2019

www.mmu.ac.uk/gogreenweek

#MCRGoGreenWeek



We are proud to get involved in People & Planet's Go Green Week each year. People & Planet support students across the UK to escalate the movement for climate and social justice. Activities aim to educate and inspire you to take action on environmental issues such as climate change and plastic pollution.

11 Feb	Meat Free Monday	Energy Tour	
12 Feb	Sustainability Booth	Film Screening: A Plastic Ocean	People and Planet Pub Quiz
13 Feb	Woodland Conservation	Litter Pick Extravaganza	Film Screening: Before the Flood
14 Feb	British Heart Foundation Pop-Up Shop	Bogtastic Van Visit	Yoga
15 Feb	Smoothie Bike	Brutally Honest Conversations	
16 - 17 Feb	Geordie Uproar		

WANT TO FIND OUT MORE?

[Read the People and Planet's Go Green Week Student Handbook](#)

[Join the People and Planet Society](#)

Find out how your accommodation is celebrating Go Green Week by following MMU Residential Life on [Facebook](#) and keeping up to date on [Browser](#)

MONDAY 11 FEBRUARY

Meat Free Monday

Protect your planet and your bank account - enjoy 25% off all vegetarian and vegan burgers and mains in the Salutation.

Time: 12:00pm – 9:00pm

Venue: The Salutation Pub

Energy Tour

Did you know our Energy Centre at Birley uses combined heat and power (CHP), water storage and boiler systems to provide heating and hot water to the campus? Join our guided tour to learn how our innovative technologies help us to generate our own heating, drinking water and electricity while reducing costs and our carbon emissions.

Time: 1:00pm – 2:00pm

Venue: Brooks Reception

TUESDAY 12 FEBRUARY

Sustainability Booth

We want to hear what you think about sustainability. Come and share your ideas with us, enjoy some free sustainable snacks and be inspired by vegetarian and vegan recipe ideas.

Time: 11:00am – 3:00pm

Venue: The Union Foyer

Film Screening: A Plastic Ocean

Did you know that researchers have found more plastic than plankton in the Pacific Ocean currents? 'A Plastic Ocean' documents the newest science proving how plastics break up into small particulates that enter the food chain in the ocean. These toxins are stored in seafood's fatty tissue, and eventually are consumed by people. #plasticfreeGM

Time: 2:00pm – 3:00pm

Venue: Geoffrey Manton Lecture Theatre 7

People and Planet Pub Quiz

Join like-minded students from Manchester Met and The University of Manchester for a Go Green Week themed pub quiz. Entry will be £1 with half of the proceeds going to the winning team and the other half to a charity of their choice.

Time: 8:00pm

Venue: University of Manchester Students' Union

WEDNESDAY 13 FEBRUARY

Woodland Conservation

Help us to conserve our community woodland on campus by carrying out tree health checks. This session is led by Hulme Community Garden Centre. Everyone is welcome, simply drop in at the orchard or woodland and ask for Kath from the Garden Centre. Gloves and tools will be provided.

Time: 1:30pm – 3:30pm

Venue: Birley Fields Campus

Litter Pick Extravaganza

Join us for a litter picking competition between Manchester Met, University of Manchester and Salford University Student Unions. Let's show the other universities who's greenest while cleaning up Oxford Road, helping our environment and wildlife. We'll provide the gear: just bring yourself.

Time: 2:00pm – 4:00pm

Venue: All Saints Park

Film Screening: Before the Flood

'If you could know the truth about the threat of climate change, would you want to know?' Join us for this National Geographic film which follows Leonardo DiCaprio, as he journeys to five continents and the Arctic to witness first-hand the effects of climate change. If you attend a Carbon Literacy Workshop after this screening, you'll be able to collect your Carbon Literacy certificate.

Only open to Manchester Met students

Time: 2:00pm – 4:15pm

Venue: Business School 4.05B (N Atrium)

[Register for the event](#)

THURSDAY 14 FEBRUARY

British Heart Foundation Pop-Up Shop	<p>The British Heart Foundation (BHF) are bringing their pop-up shop back to the Business School with an amazing selection of clothes, books, kitchenware and homeware. Grab a bargain and support the work of the BHF by visiting the pop-up shop located under the large screen in the Business School.</p> <p>Time: 10:00am – 4:00pm Venue: Business School</p>
Bogtastic Van Visit	<p>Conservation charity 'Moors for the Future' and their Bogtastic Van are bringing the Peak District to Manchester! Come along to experience the sights, sounds, and textures of the moors!</p> <p>Time: 11:00am – 4:00pm Venue: Next to All Saints Park</p>
Yoga	<p>Put yourself first this Valentine's Day and show yourself some love by joining the Manchester Met Yoga Society for their weekly Thursday night yoga. Tickets will be available from The Union website the evening before and will cost £3 for members and £4 for non-members.</p> <p>Time: 5:30pm – 6:30pm Venue: The Union, Conference Suite</p> <p>Book your place here</p>

FRIDAY 15 FEBRUARY

Smoothie Bike with MetMUnch and MMU Sport	<p>Use pedal power to blend your own nutritious and sustainable smoothie on one of the Environment Team's smoothie bikes and learn all about the health and environmental benefits of cycling and eating well.</p> <p>Time: 11:00am – 3:00pm Venue: Business School</p>
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Brutally
Honest
Conversations

This is your chance to come and talk to The Union openly about the sustainability issues that matter to you and what you think we should be doing. We'll listen with an open mind – there are no stupid questions and no wrong answers.

Time: 4:30pm – 6:30pm

Venue: The Union, Meeting Room 4

SATURDAY 16 – SUNDAY 17TH FEBRUARY

Geordie
Uproar

To celebrate Go Green Week, People & Planet volunteers have organised a weekend of workshops, talks, films and delicious food in Newcastle to empower students to make change in their universities and communities.

Location: Newcastle

[Find out more information about travel arrangements, the event and book your place](#)



Let's make a
sustainable planet!



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www.mmu.ac.uk/environment