Researching your career options
Getting Started

Whether you’re starting your first year of study or you’re about to graduate, researching your career options is the first step to finding your graduate role.

Knowing yourself

Assessing your skills, values, interests and motivations will help you to clarify your understanding of yourself. Listing your strengths, weaknesses and the requirements that your career must meet, will help you to identify different occupations and sectors that might be of interest to you.

To get started you should create a list of what you "Want" and "Don't want" from your career. What motivates you in the workplace? Do you want to be helping others or inventing new products? What work environment would you prefer? Where do you want to be located? Deciding the answers to these questions should help you narrow down a list of areas and sectors that may be of interest to you.

There are a range of online career tools available that can help you to assess yourself and identify potential career options:

Prospects Career Planner

www.prospects.ac.uk/planner

Prospects Career Planner is a job exploration tool which helps you to identify the careers that may be of interest to you. Register for free and answer the multiple choice questions to match your skills, values and personality to over 400 job profiles.

The National Careers Service Skills Health Check

https://nationalcareersservice.direct.gov.uk/

A set of quizzes and activities designed to help you explore your skills, interests and motivations.

Creative Skillset

https://creativeskillset.org/latest/case_studies

Find out how have other people found their way into the Creative Industries and built their careers? 111 real life stories to choose from.

Explore your options

While many opportunities are open to graduates from any degree subject, some may require specialist qualifications and experience. Researching your options early will help you to find relevant experience and gain the transferable skills that employers are looking for.
What can I do with my degree?

Prospects.ac.uk provide a detailed overview of the career paths available to graduates from a range of degree subjects. Select your degree subject from the list to find out what skills are gained from your course and related career options.: [www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree](www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree)

Prospects.ac.uk also provides detailed job profiles—descriptions of hundreds of popular graduate job roles covering role responsibilities, salary expectations, required qualification and skills that are required: [www.prospects.ac.uk/job-profiles](www.prospects.ac.uk/job-profiles)

Don’t forget roughly 60% of graduate jobs are open to graduates of any degree subject, so you don’t have to be limited by what you studied.

Why not use the MMyou Learning Bite to find out if working abroad is something you are keen to pursue: [https://mycareerhub.mmu.ac.uk/students/abintegro?redirectURL=/Resources/elearning/Hub.aspx](https://mycareerhub.mmu.ac.uk/students/abintegro?redirectURL=/Resources/elearning/Hub.aspx)

Search for ‘Explore Your Career Options’

What do Manchester Met graduates do?

If you are unsure of what you want to do after university, it can be helpful to hear the stories from other Manchester Met graduates. Take inspiration from what other students have gone on to do by watching our graduate videos and case studies on our website and on LinkedIn:

Attend networking and employer events

Get inspiration and have your questions answered by attending our on campus events, talks and workshops, delivered by employers, alumni and professionals. Our careers events cover a range of different sectors and career options to help you make the right choices.

Find our upcoming events here: [www.mmu.ac.uk/careers/events](www.mmu.ac.uk/careers/events)

Book an appointment with a Careers Consultant

If you would like to arrange an appointment to discuss your career options with our specialist career consultants please visit the Employability Hub or call us on 0161 247 3483.